



# WORLD KOSHIKI KARATEDO FEDERATION

20 KIKUI-CHO, SHINJUKU-KU, TOKYO 162-0044 JAPAN  
TEL / FAX: +81-3-3203-5765 E-MAIL [wkkf@koshiki.org](mailto:wkkf@koshiki.org)

---

## SUPER KARATEDO

---

### Euro Open Grand Prix

Dear Shihans, Sensei's, All

It is with great pleasure that we share this information with you all and invite you to participate in this prestigious event in Poland.

Please find information for the European Koshiki Tournament that will be on 5th March 2016.

Date: 14th and 15th October 2016 (Friday and Saturday)  
Time: 10.00am to 5.00pm  
Venue: Tauron Arena Kraków  
7 Stanislaw Lema Street  
31-571 Cracow, Poland  
<http://www.tauronarenakrakow.pl/en/>

TBC Poland

Cost: ADULT € 150 Age -18 € 75 This includes Seminar and Tournament as well as contribution to rental of arena and overheads

All competitors MUST attend seminars

All entrants MUST register on line to WKKF. Please follow the link below;

[http://www.koshiki.org/wp-content/themes/child/images/pdf/HowtoRegistrationtoWKKF\\_eng.pdf](http://www.koshiki.org/wp-content/themes/child/images/pdf/HowtoRegistrationtoWKKF_eng.pdf)

#### 14TH OCTOBER

09.30am All participants to arrive by 09.30am and be ready for 10.00am on mat

10.00am Opening Ceremony  
Introduce Seniors and Guests  
Group Photos

10.30am Seminar on Koshiki Rules  
Kata Judging  
Scoresheets  
Refereeing

**SAFETY CONTACT KARATE**  
**[www.koshiki.org](http://www.koshiki.org)**



# **WORLD KOSHIKI KARATEDO FEDERATION**

20 KIKUI-CHO, SHINJUKU-KU, TOKYO 162-0044 JAPAN  
TEL / FAX: +81-3-3203-5765 E-MAIL [wkkf@koshiki.org](mailto:wkkf@koshiki.org)

11.30am	Seminar on Koshiki Shiai Safety Kit Scoring Judging Refereeing	13.00pm	Lunch
14.00pm	Koshiki Kumite Seminar		
15.30pm	Break		
15.45pm	Koshiki Kumite Training Seminar		
17.00PM	BOW OUT		

## 15TH OCTOBER

09.00am	Official Opening
09.30am	Junior Kata
11.00am	Senior Kata
13.00pm	Break Lunch
13.30pm	Junior Shiai (fighting)
15.00pm	Senior Shiai (fighting)
	Female (TBC) Lightweight Middleweight Cruiserweight Heavyweight

5.00pm Presentation to winners and participants  
Group Photographs  
Closing Ceremony

### Opening and Closing Ceremony

We would ask everyone to be on time and available for the opening/closing ceremony and official photographs.

### Kit

All Karateka to wear Karate Gi with Obi (belt).

Koshiki Super Safe kit including Chest guard (Bogu) and Head Guard (Men).

**SAFETY CONTACT KARATE**  
**[www.koshiki.org](http://www.koshiki.org)**



# **WORLD KOSHIKI KARATEDO FEDERATION**

20 KIKUI-CHO, SHINJUKU-KU, TOKYO 162-0044 JAPAN  
TEL / FAX: +81-3-3203-5765 E-MAIL [wkkf@koshiki.org](mailto:wkkf@koshiki.org)

## Food and drinks

Athletes must ensure they have adequate drinks and arrange food with their Hotel or representative to arrange for lunch etc.

## Video and Photos

Videos and photographs can be taken on the day but please be respectful to all other parents and participants' wishes with regards to this matter. Please do not make any of these public without first agreeing with parents/participants and organizers.

## Demos

If time allows it, some demos will be held during the proceedings, but the timetable will govern this.

## Competition Arena

2 x Tatami Mat Areas for WKKF

## Categories

To be Confirmed based on entrant list;

## KATA

Juniors Male and Female

(Age Categories TBC)

Adults Male and Female

## KUMITE

Juniors Male and Female

(Age Categories TBC)

## Adults

MALE	Lightweight	FEMALE	Lightweight
	Middleweight		Middleweight
	Cruiserweight		
	Heavyweight		Openweight

**SAFETY CONTACT KARATE**  
**[www.koshiki.org](http://www.koshiki.org)**



# **WORLD KOSHIKI KARATEDO FEDERATION**

20 KIKUI-CHO, SHINJUKU-KU, TOKYO 162-0044 JAPAN  
TEL / FAX: +81-3-3203-5765 E-MAIL [wkkf@koshiki.org](mailto:wkkf@koshiki.org)

## Groin guards

We always recommend that groin guards are worn but this equipment is to be provided by the competitor if they choose to wear.

## Gum shields

Gum shields are always recommended. This equipment is to be provided by the competitor if they choose to wear.

## General overview of scoring in Shiai (fighting)

Ippon which is like a KO or TKO is awarded if;

- A student achieves a KO
- Clean combination of Three strikes
- An opponent is unable to continue or unwilling to continue

## Waza Ari or points scoring

- A Punch or clean hand strike is ALWAYS One point
- A Kick or clean foot strike is ALWAYS Two Points
- One point is awarded whether Punch is executed to the Body or Head
- Two points is awarded whether Kick is executed to the Body or Head
- No Legs Kicks allowed
- Clean defensive takedowns with strike is One Point

## Timing of Shiai (Fighting)

Little Juniors	1.5 minutes
Advanced Juniors	2.0 minutes
Female Adults	2.0 minutes
Male Adults	3.0 minutes

## Officials

- Each fight will have a Referee and Two Flag Umpires
- An Official timekeeper will be on each (Shiai) fight area
- An Official Head Umpire will monitor all activity including scores, score count, timing, refereeing, safety, well-being of competitors and any queries or disputes

## Parking

Details available from venue. See website link; <http://www.tauronarenakrakow.pl/en/>

## Entry Fees

All Tournament Entry Fees must be received in full before the tournament commences. Each Club is responsible for their competitors' fees. They should collect fees before arrival in order to have a single point for payment of contact on the day which will save time.

## Water and snacks

Some snacks and drinks will be available as a back up in case of anyone not having enough with them.



# WORLD KOSHIKI KARATEDO FEDERATION

20 KIKUI-CHO, SHINJUKU-KU, TOKYO 162-0044 JAPAN  
TEL / FAX: +81-3-3203-5765 E-MAIL [wkkf@koshiki.org](mailto:wkkf@koshiki.org)

## Toilets

We ask that all parents/guardians be available to ensure their children are accompanied if and when they need to use toilets etc.

## Parents

We ask that where possible parent/guardian is in attendance during the tournament in order to ensure their children feel safe and happy at all times. This especially for little ones.

Please contact Shihan Masamitsu Kudaka on email or telephone below for any queries;-

Tel: + 81 90 8720 7003

Email; [wkkf@koshiki.org](mailto:wkkf@koshiki.org)

## Accommodation;

SEE PDF ATTACHED FOR TRAVEL AND ACCOMODATION

Yours Sincerely,

Masayuki Kukan HISATAKA, KENSEI 10<sup>th</sup> Dan  
Founder, World Koshiki Karate-do Federation

Masamitsu KUDAKA, HANSHI 8th Dan  
Deviser, World Super Karate-do Union

